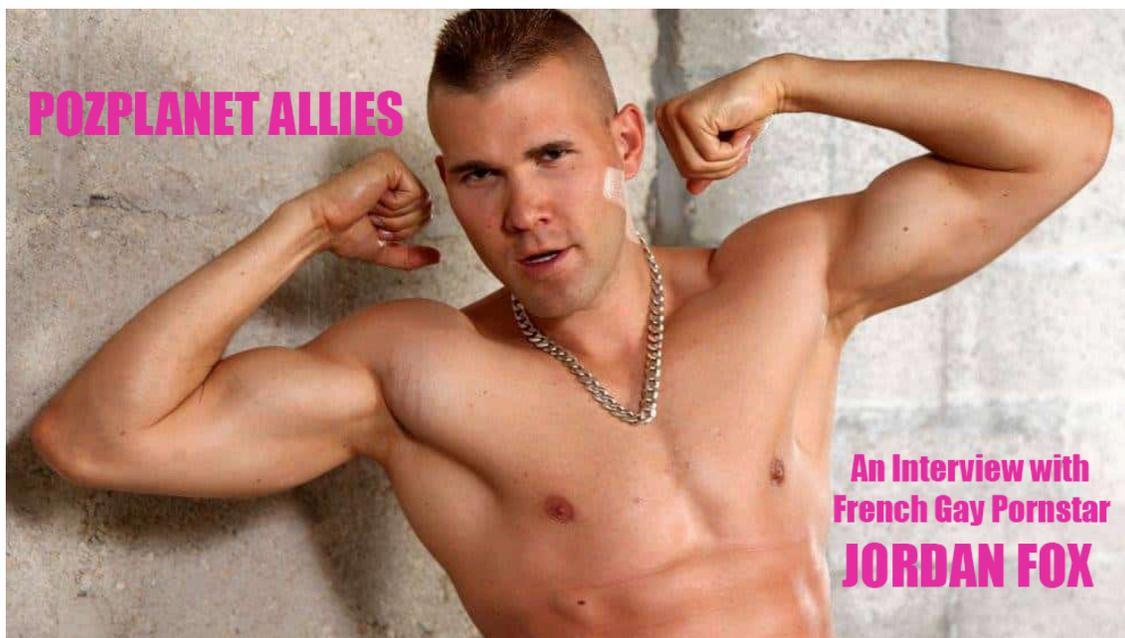


POZPLANET

THE HIV+ MAGAZINE BY US FOR US - MAY 2020



Meet The Marvelous
Ms. Muchenje



POZPLANET's Jade Elektra talks with French Gay Pornstar Jordan Fox

JE: Good afternoon, I'm one of the administrators for our POZPLANET Facebook Group. Many members probably just saw a hot guy join the group. I actually recognized you immediately. **Could you tell our readers who you are and why you joined our group?**

JF: *Hi guys! Thanks for accepting me in the group. I am HIV negative but I joined because I feel very concerned about HIV and I think that the whole gay community should be as well. We are gay men and should stand together. It doesn't matter if you're HIV- or HIV+.*

JE: **How did you get into the industry?**

JF: *I started porn about a decade ago because I wanted to explore my sexuality. Especially regarding public sex and rough sex. I have done about 100 movies and loads of sex shows, which I enjoyed a lot: fucking in front of a live audience is highly exciting to me. I have had lot of fun during my porn years and fucked thousands of guys. Then, 4 years ago I decided to start a new chapter of my life, and left porn as a main job because I wanted to focus more on myself and other fields. Since this decision, I've studied, worked and started new activities. Now I still can do a movie or a live show once in a while but it's like a hobby, not my occupation anymore.*

JE: **While the stigma of being HIV+ is still strong, do you support the U=U Campaign?**

JF: *Of course I do support the U=U Campaign! I stand up for poz people as much as I can, and can't bear to see them called "sick", "dirty" or "dangerous". Unfortunately it has not always been like that for me. I regret it, but there was a time where I used to reject HIV + guys.*

JE: Have you had sex with guys who were HIV+?

JF: Yes, but it took me a long while before I did. When I was younger I rejected poz guys (even based on gossips...or physical assumptions like "too skinny" or "looking tired"). I could not even kiss a guy that I believed to be positive. I remember that one day I cancelled a porn shoot with a very hot guy after another actor told me that this guy was positive. And I did it even though it was a scene with a condom. I was so stupid and I deeply regret it now. I have probably hurt some guys by rejecting them and perpetuate the stigma. It all changed the day I met a guy which became my fuck buddy. One day we spoke about getting tested and going bareback. He told me that he was poz for years. It was quite a shock for me. I felt betrayed. I thought to myself "He should have told me that before our first time having sex". I went through different emotions..anger, sadness, fear. But sometimes hard times are the opportunity to find your inner strength to evolve and to become a better version of yourself. I decided to know more about HIV/AIDS. I read a lot, spoke with my doctor and heard a lot of testimonies of poz guys. I became aware of their situation and the stigma that they experience. I talked with my friends about it. Some of them confessed to me that there were HIV+ and never told me because they were afraid of my reaction. Few weeks earlier I thought I had no contact with positive people and suddenly I was surrounded by them! I understood they could not say it because I was the kind of guy talking bad about poz guys. I asked them to forgive me. I realized how my behavior could have hurt them in the past. I got involved in local organizations that fight AIDS. Probably because I was feeling guilty for what I had done, but as well to encourage other people to change like I did. Today I can tell there is absolutely no difference to me between someone who is negative or someone who is positive. Having sex with an undetectable guy is absolutely fine. I must add as well as this experience made me a more tolerant and accepting person in general. All stigmas are evil.

JE: Well, that's a wonderful reflection of your journey. Forgive me but I did some digging. You recently got asked to leave Twitter because of some rough posts.
Besides chatting in our facebook group, how else can someone connect with you or perhaps see your work?

JF: Yes, Twitter permanently banned me after having suspended my profile several times because I posted a few rough sex videos. I like to have violent sex sometimes, I am dominant top and I have some extreme fantasies like CBT (choking), rape-style sex and hardcore domination. I have no limits in my sexuality and I like to go further. But unfortunately that's too much for mainstream social network platforms.

So now I'm using Instagram for the soft content
<https://www.instagram.com/jordanfox.real/?hl=en>

Onlyfans for the sexual content
<https://onlyfans.com/jordanfoxofficial>

And my bedroom for my wildest experiences!

JE: Well, it was great to chat with you and I am glad I got to take this opportunity to introduce you to one of our newest allies.

FUCK POZ PEOPLE

People living with HIV who are on effective treatment, **cannot** pass on HIV to their sexual partners.

ACT UP

DUBLIN

KOREY

My HIV meds
keep me safe

Treatment suppresses the virus.
No one who is HIV positive and
undetectable can sexually transmit it.

HIV STOPS WITH ME.ORG



I am excited to return to our UP CLOSE & PERSONAL column with a spectacular activist! She is a case manager for Women's Health, Community Relations & Communications Representative at ViiV Healthcare and runs a blog for HIV+ Women where they can talk about their issues. Plus, she's a really sweet person. We met at a CANFAR event a few months ago.

I am proud to welcome Marvelous Yeukai Muchenje.

AK: Thank you for sitting down with me today. Would you mind telling us where you are from and how long you have been HIV+?

MYM: I migrated from Zimbabwe in 2006. I got to know about my HIV diagnosis when I was 5 months pregnant in 1995.

AK: So, tell us about what you do at ViiV Healthcare...

MYM: I joined ViiV Healthcare Canada in December 2019 as the Community Relations Manager. Prior to joining ViiV Healthcare Canada (VHC) I worked in the HIV sector at country, regional and global levels in support of the expansion of person-centred care, health promotion, sexual reproductive rights, contributing to policy formulation, capacity building, advocacy, grant management, civil society engagement, program planning and evaluation.

My role at VHC is varied, it combines elements of relationship building, stakeholder management, events planning and grant management. I collaborate and align with the broader organization (Canada, North America, Global), including Commercial, Medical, Government Relations and GAPPAC, on key issues of importance for PHAs and the Canadian HIV community, to help ensure that VHC is the most valued partner for the Canadian HIV community and people living with HIV (PHAs).

I work cross-functionally to lead VHC engagement with Canadian HIV community-based organizations (CBOs) to improve outcomes for (PHAs) and create policies to best address unmet PHA needs and enhance the community response to HIV in Canada across all segments of the Prevention, Engagement and Care Cascade in Canada.

The most exciting part of my job, which also was one of the reasons I joined VHC is being the proactive voice and the internal lead in all product plans, policy plans, and corporate reputation plans involving PHAs and the Canadian HIV community. Articulating the voice of PHAs and ensuring that the needs of PHAs/ that Greater Involvement & Meaningful Engagement of Persons Living with HIV/AIDS Principles are central to all VHC community-focused initiatives.

AK: How did you get into Women's Health?

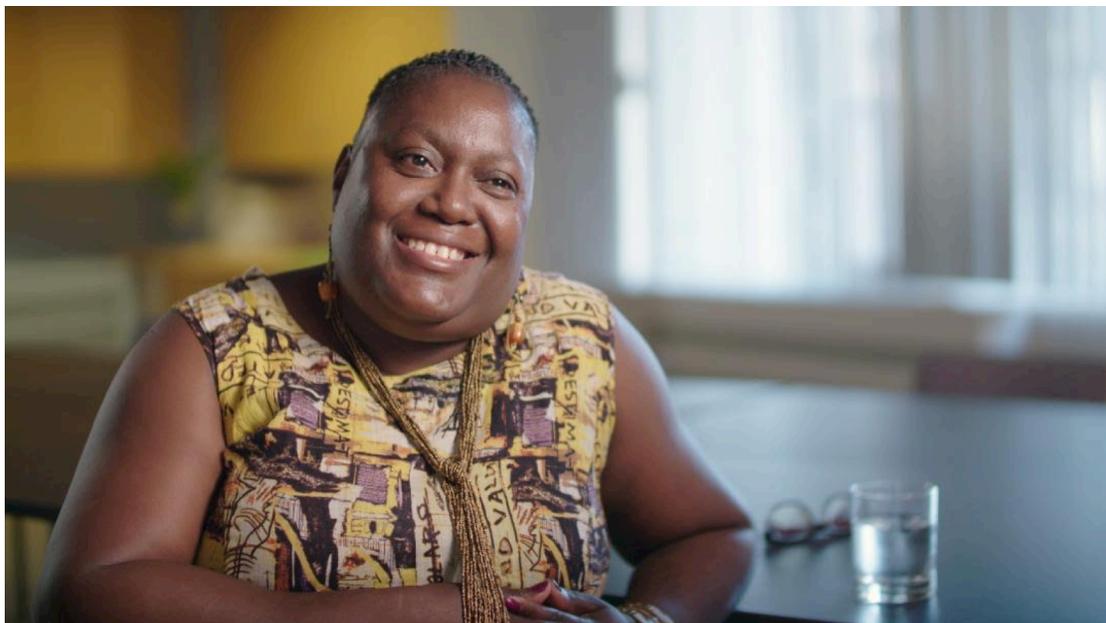
MYM: When I came to Canada in 2006, I was referred to WHIWH for primary health care by my HIV specialist. I also had a colleague that I had worked with in Africa in the HIV sector who was working at WHIWH who also introduced me to WHIWH management and staff. I started volunteering at the organization and had the opportunity to show my expertise in service delivery and advocacy. In January 2007, I got hired as the Coordinator for the Health Promotion and Skills Development project for African and Caribbean women living with HIV. When I left the organization in December 2019 I was working as the Manager, Health Promotion and Community Engagement.

As a social work educator, I had the opportunity of integrating equity and anti-oppressive practice framework and decolonizing perspectives in the work that I did with African, Caribbean, South Asian and Latin American women at WHIWH, and other key populations. I also had the opportunity to participate in global initiatives representing WHIWH and pursuing my educational and career goals. As a woman living with HIV, I will always appreciate the support I received from WHIWH management and staff to enable me to remain authentic to the way I provided support to my peers and other stakeholders.

AK: I've run into you a couple of times at different events. At the ACAS Donor Appreciation event we talked briefly about a website that you have devoted your time to engage with HIV+ Woman to talk and blog about their experiences. How did that come about and where can our readers find the site?

MYM: The initial idea for creating Life and Love with HIV came about in the fall of 2015. A group of women living with HIV and some researchers were working together on a Canadian study about the sexual health and rights of women living with HIV, and the topic of sex and love kept coming. Of note was how it is absent from most conversations about sexual health, so they decided to study it!

In the study, 52% of women living with HIV indicated that sex is an important part of their life. Yet 79% of women were not completely satisfied with their sexual lives and one in five report seldom to any pleasure during sex. The relationship context, mental health, and oppressive social conditions—for example, violence, sexism, and the stigmatization and criminalization of HIV—play an important role in outcomes.



Life and Love with HIV

After discussions with community of women living with HIV and their allies, the idea of changing the world through digital storytelling was born. Hence, the creation of the website.

Life and Love with HIV is a space for women, partners, and couples living with HIV everywhere to share their experiences of love, romance, and sexuality. In creating our own stories, in our own voices, with our own words, our goal is to reclaim our sexual rights around the world.

Over the years, I worked closely with Dr. Allie Carter and the rest of the team in various research projects. I guess they got tired of hearing me talk about sex, sexuality and relationships, self-pleasure, navigating pleasure with HIV - so they decided to give me the role of Communications Manager. As culture and upbringing sometimes have an impact on how we receive sex or offer our bodies to our partners I always advocated for the creation of safe environments for women to share and learn from each other without fear of judgement. I provide support to bloggers and the team, and assist women living with HIV in developing, implementing and evaluating advocacy initiatives within their respective geographical areas.

On the website <https://www.lifeandlovewithhiv.ca/> you can find the names of the founders, and the bloggers. We recruit 6 diverse bloggers globally every year, and pair them with mentors. In addition, we encourage women to share their stories as guest bloggers and contributing to the discussions. A small honorarium is provided as a token of appreciation to the bloggers, and we are constantly looking for funding to expand the project.

AK: And finally, is there any advice you would give to a newly diagnosed woman on what her next steps might be for help or counselling?

MYM: Take your HIV medication as prescribed and if possible, get lab tests to check that your "viral load" is undetectable. If you're taking HIV medications, your virus count may be low enough so there's no chance of you passing HIV to others. You can still achieve a pleasurable and satisfying sex life, without fear of transmitting HIV to your loved one. You and your partner need to do routine sexually transmitted infections (STI) testing, as HIV is not the only disease that can be sexually transmitted.

Find a support system, it does not necessarily have to be someone living with HIV, you need someone or something to vent out your anger or frustrations if need be.

Learn to separate "you" from the virus. Do not look at yourself as the virus, identify yourself as a productive, fabulous human being first. Don't let the virus take away your dreams, joy or your relationships.



Learn to be at peace with your HIV diagnosis, being HIV positive does not mean you are now dirty or damaged good. Bitterness, anger, dwelling on your grief and loss can have a negative impact on your health. Seek counselling to learn how to deal with the negative emotions when they come up. Stop beating yourself up for what you should have done to prevent the transmission, accept yourself for who you are and be kind to yourself.

HIV stigma will always be there and learning to overcome HIV stigma is not always an easy thing. Overcoming stigma is a process that takes time and patience. Sharing your fears with others you trust can often put things into a better perspective.

Disclosure is a process, and public disclosure of HIV status is not necessary, it is a personal choice, as it comes with its own challenges and can be stressful not only to you but your significant others. Determine why the need to disclose and the support systems required to do so safely.

You are not alone, there are a whole lot of people living positively with HIV out there who love you as you are, get connected and honour yourself as a person living with HIV.

Well, thank you again for taking time out of your busy schedule to talk with POZPLANET Magazine. We appreciate your work and if ever you need to get the word out about something for Women's Health please don't hesitate to reach out. Helping and informing our community of new options and news is our goal.



U=U

#UequalsU

**With me,
you are not at risk.**

I'm healthy.

**My HIV is
undetectable.**

Vadim Romanov

www.nostigma.ch



Listen to this month mix here: <https://www.mixcloud.com/djrelentlessny/ear-candy-may-2020>

It is a different world than where we were back in January. I was looking forward to warmer weather and DJ gigs for Pride. I had plans for traveling and promoting my video mixing. But most of all I was looking forward to the presidential election in the United States. So many things that I thought were going to be exciting in 2020.

COVID-19 brought everything to a halt.

So, our new reality is one of social distancing and isolation. For a social being like myself this is hell. The concept of being a DJ or performer in quarantine is kinda maddening. The things that I did on a weekly basis are completely non-existent now. And the new normal for the creative types like myself is going online. I mean, I normally post mixes on my Mixcloud profile, but I'm watching DJs and drag queens doing all these live posts from home and asking for money. I have no plans to do any of that. If folks are scrambling trying to figure out how to pay their rent and bills...why would they give their last money to someone else online when they are uncertain of where their next money is coming from?

It is going to be a different world by the time they figure out a vaccine for this thing.

So, this month's mix and article is a reflection of what I feel and think during this pandemic.

Let's start with our first selection, "**Land Of The Living**" by **Patti LaBelle & Kristine W.** Not a new song and not even a new cover. It's from Patti's 2005 album, *Classic Moments*. But I felt it represents how I feel when I go outside of our little apartment. To be a part of life again is going to be exciting but possibly strange. I loved Kristine's original version back in the 90s and this newer version does not disappoint.

When I first heard our second track I seriously thought it was something new from **Chromeo**. So, imagine my surprise when I discovered that "**Level Of Concern**" is the latest single by **Twenty One Pilots**. Completely different sound than "**Heathens**" from the *Suicide Squad* soundtrack. I even liked the video since it stuck to the social distancing narrative.

“Gotta Get Thru This” by **Daniel Bedingfield** has always been a favourite of mine. The original came out in my *2 Step* days when *U.K. Garage* was trying to infiltrate the *U.S. Pop* charts. And what better message is there than surviving this time. So, I was happy to find the **Dwin Summer Remix** for this mixed set.

Our fourth selection was originally released in 2007 and is in French. I don't understand a word of what she is singing but the infectious tones in her voice and the title made me think of travel and happier times. The **Javier Lameiro Reconstruction** of **“Voyage Voyage 2k20”** by **Kate Ryan & Mor Avrahami** makes me hopeful. I don't even usually like this type of music but it makes me imagine dancing in Ibiza on a beach. And I don't know about you but I think we are all dreaming of a vacation right about now.

Okay, one of the things that has bothered me for almost the past decade has been DJ/Producers/Remixers taking samples (or even sometimes full vocals), manipulating them and rebranding the songs with giving credit to the original artists. Just fucking say you did a remix of the track and name who really did it!

So, it was kinda great that **Todd Terry** took a sample from **Musique's** 70s *Disco* hit **“Keep On Jumpin”** and got **Martha Wash** and **Jocelyn Brown** to do new vocals in the 90s. But **The Cube Boys** need their asses whipped for doing a great remix but not acknowledging *Musique* or *Martha* and *Jocelyn*! This ain't your song! Give credit where credit is due!

And speaking of samples...**“RITMO”** by **The Black Eyed Peas featuring J Balvin** samples another 90s classic, **“Rhythm Of The Night”** by **Corona** (yeah, I know...how apropos). They've taken this *High Energy* track and slowed it down to a Moombahton speed and added a Latin flair. It's on the soundtrack for the Will Smith and Martin Lawrence reboot *Bad Boys For Life*.

Now for our seventh selection I chose the **Nick Bike Remix** of **Kanye West's** classic, **“Stronger”**. Stripped of its original **Daft Punk** sample, this version offers a more *Funk* bounce.

Haven't heard much from Mr. West during this pandemic. In fact, he has sorta been muzzled. The *Kardashian* brand cannot have him spewing craziness while they are still trying to keep viewers by staging fake fights for *Reality TV*. He cannot go around saying “slavery was a choice” when ratings are getting flat for Kim's show. But it seems that him keeping his mouth shut and going Gospel has paid off. Forbes Magazine just named him at a 1.3 billion net worth. And to think I last year I was seriously considering writing an open letter to Kim to release him back in the wild so we could have the old creative *Kanye* back. But at this point...ya'll can keep him!

Our eight track is another classic, **“Live Together”** by **Lisa Stansfield**. And although I love the original album version, I felt the **Home Sweet Home Mix** was appropriate for the messaging of my programming.

Last month I wrote about **Doja Cat's “Say So”**. Well, this month **DJ Scooter** took the instrumental and set the acapella of **Halsey's “You Should Be Sad”** on top of it. The result is pure heaven! It works so well!

I'm sure for many of you tenth track in this mixed set will be your anthem during quarantine. **“Bored In The House”** by **Tyga** says it all!

And our eleventh song goes right along with what you feel like when you think about leaving the house. **“Outta Your Mind”** by **Lil Jon** is what I am singing almost daily.



So far, I'm kinda enjoying the new **The Weeknd** album. The tracks I have heard are comforting and catchy. The **PeteDow** **Flavor Mix** of "**In Your Eyes**" has a nice flow.

The smoothness of *The Weeknd's* vocals reminded me of another classic, "**What You Won't Do For Love**" by **Bobby Caldwell**. **Nike Bike** did a great job of mashing his vocals up with **The Game's** "**Hate It Or Love It**". Pure *Hip Hop* magic right there!

On March 30th 2020, the world lost one of the greatest voices in African-American music. **Bill Withers** wrote songs that spoke volumes about life. I chose the **Artiq Remix** of his 1981 *Grammy* winning song "**Just The Two Of Us**". Although there are many talented songwriters out there, it is hard to watch the legends that I grew up with slowly disappear. He didn't die of COVID-19 as some reports said. It was heart complications at the age of 81. You will be missed but your words will live on, sir.

Our fifteenth track is a bit of a comeback for the artist known as **Kiesza**. You probably remember her for her huge *Club* hit, "**Hideaway**". She had a few more singles after that but suddenly dropped off the face of the earth (not literally but that's what it felt like). Well, unfortunately she suffered a traumatic brain injury after a t-bone crash by a cab into her *Uber*. Her recovery took six months. Well, thank goodness she survived and is back with her new single, "**All Of The Feelings**". It's a cute downtempo production. I hope there will be some hot *House* remixes to come.

The sixteenth selection is by the industry's promised child, **Billie Eilish**. After her sweep at this year's *Grammys*, the sky seem to be the limit. She had just recorded the theme for the next *Bond* movie and the buzz was all about what she was going to do next. Well, she came hard out the gate but COVID-19 really put a damper on what she could do and where she could go (like all of us). But I wasn't expecting great things from her. In fact, I suspect that it's gonna be hard to follow up last year's hits.

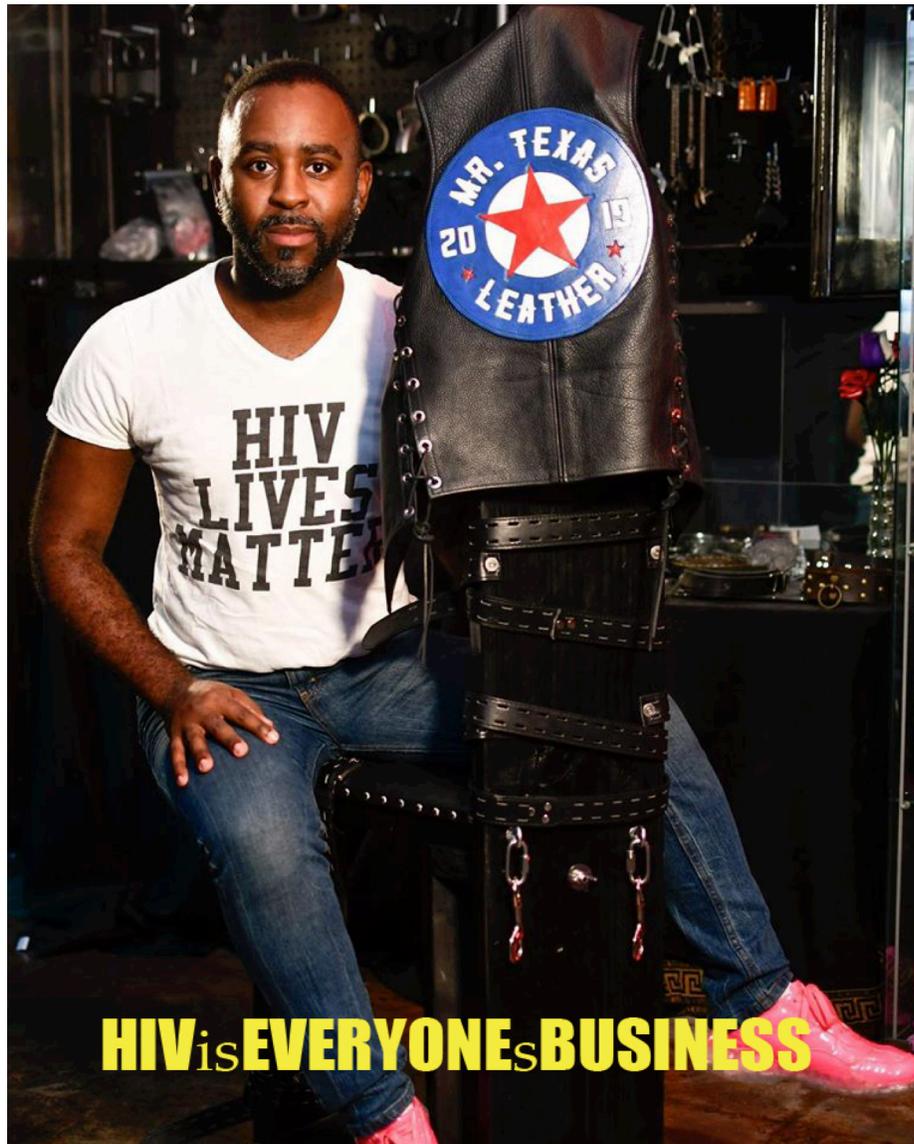
So, that's why when I heard "**Ocean Eyes**" by Ms. Eilish I wasn't surprised. When I saw photos of her with a solid coloured mane and kinda pretty I wasn't surprised. Why? Because what can she do? She hasn't had enough experience in the industry (or in life for that matter) to have something to say. And in my opinion, we've got to stop putting kids on such high pedestals when they did good but have a way to go. Participation ribbons don't make success. And I sorta feel like her narrative of her home life really pushed the fuel behind her wins at *The Grammys*. I know many are gonna hate what I just said but it's how I feel. I may be wrong but I predict she flops on her next album and then comes back strong.

To be honest, I slept on **Post Malone** most of 2019. Did not see the appeal and was not featuring him at all. But I stumbled across a song he did with **Young Thug** called "**Goodbyes**". After losing eleven friends to the virus so far, this song kinda gave me a little closure in a weird way. The lyrics are about a breakup but the hook says "I'm no good at goodbyes". I've never been good at goodbyes. I hate that we have to go through this.

And to close out our mix is a fun little track by **Drake** called "**Toosie Slide**". I guess after the dance sensation of folks jumping out of their cars while it was moving to "**In My Feelings**", *Drake* decided to give you a lil' something you could do around the house while in quarantine. To understand what the dance is you should probably watch the music video.

Hey, I hope that this month's **EAR CANDY** mix kept you occupied for an hour. I hope you heard something you hadn't before or learned something that you didn't know. Until next time, this is DJ Relentless signing off.

Checkout my Mixcloud profile: <https://www.mixcloud.com/djrelentlessny>



Come join our campaign and help fight stigma online

<https://www.facebook.com/groups/1471719986427887>



DJ Relentless' exclusive mix for POZPLANET
can be heard here:

<https://www.mixcloud.com/djrelentlessny/pozplanet-2020-mix>



I'M ENDING HIV

BEING SURE IS HOT

I test at least twice a year so
I can enjoy the sex I want.

[TEST OFTEN] + [TREAT EARLY] + [STAY SAFE] = [ENDING HIV 2020]

Designed by Frest

uoon

endinghiv.org.au/craig